

MIAC Multi Event Championships - 5/2/2024 to 5/3/2024
Carleton College
Results - Decathlon

Men Decathlon

	Points	100	LJ	SP	HJ	400 Day1	110H	DT	PV	JT	1500
1 Mortensen, Ian Carleton Team Points: 10	6525	11.33 w: 3.1 (789)	6.21m w: -0.5 (632)	12.50m (637)	1.62m (480)	51.77 (735) 3273	16.24 w: 2.4 (706)	36.52m (594)	4.00m (617)	56.52m (686)	4:45.08 (649)
2 Lelwica, Max St. John's (Minn.) Team Points: 8	6432	11.44 w: 3.1 (765)	6.14m w: -0.2 (617)	11.56m (580)	1.83m (653)	52.03 (723) 3338	15.64 w: 2.4 (774)	35.46m (573)	3.70m (535)	46.25m (533)	4:40.14 (679)
3 Rhonemus, Wade Concordia-Moorhead Team Points: 6	6416	11.48 w: 3.1 (757)	6.36m w: -1.2 (666)	10.49m (515)	1.80m (627)	52.34 (710) 3275	15.77 w: 2.9 (759)	35.53m (574)	4.40m (731)	39.36m (433)	4:45.79 (644)
4 Lord, Demetri St. Olaf Team Points: 5	6309	10.86 w: 3.1 (892)	6.17m w: -1.5 (624)	11.33m (566)	1.71m (552)	51.91 (729) 3363	15.19 w: 2.9 (827)	30.55m (475)	3.60m (509)	41.50m (464)	4:41.45 (671)
5 Kaster, Soren Carleton Team Points: 4	6301	11.39 w: 3.1 (776)	5.98m w: -2.3 (582)	10.84m (536)	1.62m (480)	51.53 (745) 3119	15.95 w: 2.4 (738)	29.70m (459)	4.40m (731)	47.11m (546)	4:35.58 (708)
6 Thurk, Anthony St. John's (Minn.) Team Points: 3	6269	11.37 w: 3.1 (780)	6.14m w: -1.7 (617)	11.27m (562)	1.92m (731)	54.35 (625) 3315	16.20 w: 3.6 (710)	34.67m (557)	4.00m (617)	41.57m (465)	4:52.32 (605)
7 McCormick, Connor Gustavus Adolphus Team Points: 2	6014	11.68 w: 3.1 (715)	6.01m w: -0.5 (589)	9.03m (428)	1.71m (552)	53.14 (676) 2960	15.77 w: 2.9 (759)	31.55m (495)	4.00m (617)	44.24m (504)	4:40.15 (679)
8 Pipho, Jacob Concordia-Moorhead Team Points: 1	5391	11.31 w: 3.1 (793)	5.67m w: -1.5 (516)	9.65m (465)	1.65m (504)	53.00 (682) 2960	18.00 w: 1.4 (524)	28.65m (438)	3.20m (406)	51.63m (613)	5:20.08 (450)
9 Kiel, Logan St. John's (Minn.)	5333	11.70 w: 3.1 (711)	5.90m w: -1.0 (565)	11.42m (571)	1.59m (457)	56.00 (559) 2863	17.49 w: 1.2 (574)	32.02m (504)	3.60m (509)	41.39m (462)	5:25.62 (421)
10 Molstre, Joey Concordia-Moorhead	5263	11.77 w: 3.1 (697)	6.08m w: -1.4 (604)	9.23m (440)	1.65m (504)	55.02 (598) 2843	16.93 w: 3.6 (632)	26.08m (388)	3.60m (509)	31.05m (314)	4:57.09 (577)
11 Elseth, Aaron Bethel (Minn.)	4971	11.93 w: 3.1 (665)	5.43m w: -1.8 (467)	9.93m (481)	1.59m (457)	54.08 (636) 2706	16.54 w: 3.6 (673)	27.05m (407)	2.90m (333)	33.40m (347)	5:09.79 (505)
12 Wellman, Trevor Bethel (Minn.)	4967	11.64 w: 3.1 (723)	5.22m w: -0.4 (425)	12.67m (647)	1.65m (504)	54.06 (637) 2936	18.10 w: 1.6 (515)	30.28m (470)	NH (0)	43.16m (488)	5:00.28 (558)
13 Olson, Jesse St. Olaf	4897	11.91 w: 3.1 (669)	5.41m w: -0.1 (463)	8.96m (423)	1.65m (504)	54.60 (615) 2674	18.28 w: 1.6 (498)	25.18m (371)	3.00m (357)	35.45m (377)	4:49.82 (620)
14 Kienholz, Carter Hamline	4729	12.08 w: 3.1 (635)	5.38m w: -1.8 (457)	10.64m (524)	1.59m (457)	58.11 (480) 2553	20.66 w: 1.4 (299)	37.63m (617)	3.40m (457)	39.47m (434)	5:36.17 (369)

Carleton College Results - Decathlon

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Carleton College
Results - Decathlon

Decathlon: #1 Men 100 Meter Dash Decathlon				
Name		School	Finals	
Finals				
1	Lord, Demetri	St. Olaf	10.86	892
2	Pipho, Jacob	Concordia-Mo	11.31	793
3	Mortensen, Ian	Carleton	11.33	789
4	Thurk, Anthony	St. John's (	11.37	780
5	Kaster, Soren	Carleton	11.39	776
6	Lelwica, Max	St. John's (	11.44	765
7	Rhonemus, Wade	Concordia-Mo	11.48	757
8	Wellman, Trevor	Bethel (Minn	11.64	723
9	McCormick, Connor	Gustavus Ado	11.68	715
10	Kiel, Logan	St. John's (	11.70	711
11	Ramirez, Gael	Bethel (Minn	11.71	709
12	Molstre, Joey	Concordia-Mo	11.77	697
13	Leafblad, Eli	Bethel (Minn	11.87	677
14	Olson, Jesse	St. Olaf	11.91	669
15	Elseth, Aaron	Bethel (Minn	11.93	665
16	Kienholz, Carter	Hamline	12.08	635
17	Schmidt, Joe	Gustavus Ado	12.30	593
Decathlon: #5 Men 400 Meter Dash Decathlon				
Name		School	Finals	
Finals				
1	Kaster, Soren	Carleton	51.53	745
2	Mortensen, Ian	Carleton	51.77	735
3	Lord, Demetri	St. Olaf	51.91	729
4	Lelwica, Max	St. John's (	52.03	723
5	Rhonemus, Wade	Concordia-Mo	52.34	710
6	Pipho, Jacob	Concordia-Mo	53.00	682
7	McCormick, Connor	Gustavus Ado	53.14	676
8	Wellman, Trevor	Bethel (Minn	54.06	637
9	Elseth, Aaron	Bethel (Minn	54.08	636
10	Thurk, Anthony	St. John's (	54.35	625
11	Ramirez, Gael	Bethel (Minn	54.36	625
12	Olson, Jesse	St. Olaf	54.60	615
13	Molstre, Joey	Concordia-Mo	55.02	598
14	Kiel, Logan	St. John's (	56.00	559
15	Leafblad, Eli	Bethel (Minn	56.58	537
16	Schmidt, Joe	Gustavus Ado	56.99	521
17	Kienholz, Carter	Hamline	58.11	480
Decathlon: #10 Men 1500 Meter Dash Decathlon				
Name		School	Finals	
Finals				
1	Kaster, Soren	Carleton	4:35.58	708
2	Lelwica, Max	St. John's (	4:40.14	679
3	McCormick, Connor	Gustavus Ado	4:40.15	679
4	Lord, Demetri	St. Olaf	4:41.45	671
5	Mortensen, Ian	Carleton	4:45.08	649
6	Rhonemus, Wade	Concordia-Mo	4:45.79	644
7	Olson, Jesse	St. Olaf	4:49.82	620
8	Thurk, Anthony	St. John's (	4:52.32	605
9	Molstre, Joey	Concordia-Mo	4:57.09	577
10	Wellman, Trevor	Bethel (Minn	5:00.28	558

11	Schmidt, Joe	Gustavus Ado	5:07.05	520
12	Elseth, Aaron	Bethel (Minn	5:09.79	505
13	Leafblad, Eli	Bethel (Minn	5:11.21	497
14	Pipho, Jacob	Concordia-Mo	5:20.08	450
15	Ramirez, Gael	Bethel (Minn	5:20.12	449
16	Kiel, Logan	St. John's (	5:25.62	421
17	Kienholz, Carter	Hamline	5:36.17	369
Decathlon: #6 Men 110 Meter Hurdles Decathlon				
Name		School	Finals	
Finals				
1	Lord, Demetri	St. Olaf	15.19	827
2	Lelwica, Max	St. John's (	15.64	774
3	Rhonemus, Wade	Concordia-Mo	15.77	759
4	McCormick, Connor	Gustavus Ado	15.77	759
5	Kaster, Soren	Carleton	15.95	738
6	Thurk, Anthony	St. John's (	16.20	710
7	Mortensen, Ian	Carleton	16.24	706
8	Elseth, Aaron	Bethel (Minn	16.54	673
9	Molstre, Joey	Concordia-Mo	16.93	632
10	Kiel, Logan	St. John's (	17.49	574
11	Schmidt, Joe	Gustavus Ado	17.93	531
12	Pipho, Jacob	Concordia-Mo	18.00	524
13	Wellman, Trevor	Bethel (Minn	18.10	515
14	Olson, Jesse	St. Olaf	18.28	498
15	Leafblad, Eli	Bethel (Minn	19.82	364
16	Kienholz, Carter	Hamline	20.66	299
17	Ramirez, Gael	Bethel (Minn	20.86	284
Decathlon: #4 Men High Jump Decathlon				
Name		School	Finals	
Finals				
1	Thurk, Anthony	St. John's (	1.92m	731
2	Lelwica, Max	St. John's (	1.83m	653
3	Rhonemus, Wade	Concordia-Mo	1.80m	627
4	Lord, Demetri	St. Olaf	1.71m	552
4	McCormick, Connor	Gustavus Ado	1.71m	552
6	Wellman, Trevor	Bethel (Minn	1.65m	504
6	Molstre, Joey	Concordia-Mo	1.65m	504
6	Olson, Jesse	St. Olaf	1.65m	504
6	Pipho, Jacob	Concordia-Mo	1.65m	504
10	Kaster, Soren	Carleton	1.62m	480
10	Mortensen, Ian	Carleton	1.62m	480
12	Kiel, Logan	St. John's (	1.59m	457
12	Elseth, Aaron	Bethel (Minn	1.59m	457
12	Kienholz, Carter	Hamline	1.59m	457
15	Leafblad, Eli	Bethel (Minn	1.56m	434
16	Ramirez, Gael	Bethel (Minn	1.50m	389
17	Schmidt, Joe	Gustavus Ado	1.41m	324
Decathlon: #8 Men Pole Vault Decathlon				
Name		School	Finals	
Finals				
1	Kaster, Soren	Carleton	4.40m	731
1	Rhonemus, Wade	Concordia-Mo	4.40m	731
3	Thurk, Anthony	St. John's (	4.00m	617

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Finals ... (Decathlon: #8 Men Pole Vault Decathlon)					16	Olson, Jesse	St. Olaf	8.96m	423
Name		School	Finals		17	Schmidt, Joe	Gustavus Ado	8.18m	377
3	McCormick, Connor	Gustavus Ado	4.00m	617	Decathlon: #7 Men Discus Throw Decathlon				
3	Mortensen, Ian	Carleton	4.00m	617	Name		School	Finals	
6	Lelwica, Max	St. John's (	3.70m	535	Finals				
7	Molstre, Joey	Concordia-Mo	3.60m	509	1	Kienholz, Carter	Hamline	37.63m	617
7	Kiel, Logan	St. John's (	3.60m	509	2	Mortensen, Ian	Carleton	36.52m	594
7	Lord, Demetri	St. Olaf	3.60m	509	3	Rhonemus, Wade	Concordia-Mo	35.53m	574
10	Kienholz, Carter	Hamline	3.40m	457	4	Lelwica, Max	St. John's (	35.46m	573
10	Schmidt, Joe	Gustavus Ado	3.40m	457	5	Thurk, Anthony	St. John's (	34.67m	557
12	Ramirez, Gael	Bethel (Minn	3.20m	406	6	Kiel, Logan	St. John's (	32.02m	504
12	Pipho, Jacob	Concordia-Mo	3.20m	406	7	McCormick, Connor	Gustavus Ado	31.55m	495
14	Olson, Jesse	St. Olaf	3.00m	357	8	Lord, Demetri	St. Olaf	30.55m	475
15	Leafblad, Eli	Bethel (Minn	2.90m	333	9	Wellman, Trevor	Bethel (Minn	30.28m	470
15	Elseth, Aaron	Bethel (Minn	2.90m	333	10	Kaster, Soren	Carleton	29.70m	459
---	Wellman, Trevor	Bethel (Minn	NH		11	Pipho, Jacob	Concordia-Mo	28.65m	438
Decathlon: #2 Men Long Jump Decathlon					12	Schmidt, Joe	Gustavus Ado	27.19m	409
Name		School	Finals		13	Elseth, Aaron	Bethel (Minn	27.05m	407
Finals					14	Molstre, Joey	Concordia-Mo	26.08m	388
1	Rhonemus, Wade	Concordia-Mo	6.36m	666	15	Olson, Jesse	St. Olaf	25.18m	371
2	Mortensen, Ian	Carleton	6.21m	632	16	Leafblad, Eli	Bethel (Minn	22.77m	324
3	Lord, Demetri	St. Olaf	6.17m	624	17	Ramirez, Gael	Bethel (Minn	21.97m	309
4	Lelwica, Max	St. John's (	6.14m	617	Decathlon: #9 Men Javelin Throw Decathlon				
4	Thurk, Anthony	St. John's (	6.14m	617	Name		School	Finals	
6	Molstre, Joey	Concordia-Mo	6.08m	604	Finals				
7	McCormick, Connor	Gustavus Ado	6.01m	589	1	Mortensen, Ian	Carleton	56.52m	686
8	Kaster, Soren	Carleton	5.98m	582	2	Pipho, Jacob	Concordia-Mo	51.63m	613
9	Kiel, Logan	St. John's (	5.90m	565	3	Kaster, Soren	Carleton	47.11m	546
10	Pipho, Jacob	Concordia-Mo	5.67m	516	4	Lelwica, Max	St. John's (	46.25m	533
11	Elseth, Aaron	Bethel (Minn	5.43m	467	5	McCormick, Connor	Gustavus Ado	44.24m	504
12	Olson, Jesse	St. Olaf	5.41m	463	6	Wellman, Trevor	Bethel (Minn	43.16m	488
13	Kienholz, Carter	Hamline	5.38m	457	7	Thurk, Anthony	St. John's (	41.57m	465
14	Leafblad, Eli	Bethel (Minn	5.32m	445	8	Lord, Demetri	St. Olaf	41.50m	464
15	Wellman, Trevor	Bethel (Minn	5.22m	425	9	Kiel, Logan	St. John's (	41.39m	462
16	Schmidt, Joe	Gustavus Ado	4.96m	375	10	Ramirez, Gael	Bethel (Minn	41.28m	461
17	Ramirez, Gael	Bethel (Minn	4.82m	348	11	Kienholz, Carter	Hamline	39.47m	434
Decathlon: #3 Men Shot Put Decathlon					12	Rhonemus, Wade	Concordia-Mo	39.36m	433
Name		School	Finals		13	Leafblad, Eli	Bethel (Minn	38.43m	419
Finals					14	Olson, Jesse	St. Olaf	35.45m	377
1	Wellman, Trevor	Bethel (Minn	12.67m	647	15	Schmidt, Joe	Gustavus Ado	33.88m	354
2	Mortensen, Ian	Carleton	12.50m	637	16	Elseth, Aaron	Bethel (Minn	33.40m	347
3	Lelwica, Max	St. John's (	11.56m	580	17	Molstre, Joey	Concordia-Mo	31.05m	314
4	Kiel, Logan	St. John's (	11.42m	571					
5	Lord, Demetri	St. Olaf	11.33m	566					
6	Thurk, Anthony	St. John's (	11.27m	562					
7	Kaster, Soren	Carleton	10.84m	536					
8	Kienholz, Carter	Hamline	10.64m	524					
9	Rhonemus, Wade	Concordia-Mo	10.49m	515					
10	Elseth, Aaron	Bethel (Minn	9.93m	481					
11	Ramirez, Gael	Bethel (Minn	9.85m	477					
12	Pipho, Jacob	Concordia-Mo	9.65m	465					
13	Leafblad, Eli	Bethel (Minn	9.43m	451					
14	Molstre, Joey	Concordia-Mo	9.23m	440					
15	McCormick, Connor	Gustavus Ado	9.03m	428					